



XF REC ASSOCIATION CUP

NOV 2-3, 2024

TOP 8 U10-U12 BOYS AND GIRLS TEAMS!

Congratulations, and welcome to the XF Rec Association Cup Tournament! Each year, the Top 8 U10-U12 Boys and Girls teams are invited to play in a single elimination bracket style tournament in early November. It's a great way to end your season and we hope your team will participate. Perhaps you will be the 2024 champion!

This handbook is designed to provide coaches and parents a guide of what to expect and how to prepare.

DIVISIONS: Girls U10, Girls U11, Girls U12, Boys U10, Boys U11, Boys U12 Each Age Division has their own bracket. 48 total teams have been invited to participate.

LOCATION: Matches will be played primarily at Eastlake high school/ Community fields **400 228th Ave NE, Sammamish WA 98074.**

We will have some Saturday Games at Marymoor Park. **6046 West Lake Sammamish pkwy NE, Redmond WA 98052.**

SCHEDULES: Will be posted by Tuesday October 29th. The First Round of play will be Saturday Nov 2nd. The Quarter Final and Final matches will be Sunday Nov 3rd. This tournament is single elimination. The maximum number of games your team could play is three, the minimum is one.

SEEDING: Based on results from your fall season, each team is seeded into an 8 team bracket. (example shown below) In the case of a seven team (or less) bracket, the highest seeded teams will receive a bye in the first round.

DURATION OF MATCH:

Age Group	# of Players on Field	Game Length	Halftime
U10	7 v 7	2 x 25 min	5 Min
U11	9 v 9	2 x 30 min	5 Min
U12	9 v 9	2 x 30 min	5 Min

COACH TO-DOS:

1. Review your Schedule and communicate possible game times to parents.
2. Review Penalty kick procedures (listed below) and prepare your team in the case of a tie.
3. Corner flags will likely be on each field. Review taking corner kicks with a flag as it can be confusing to a player not used to corner flags.

TEAM BENCHES/SPECTATORS:

Players of both teams will be positioned on one side of the field and a Tent will be provided if weather allows. Teams may be accompanied in the technical area only by registered team Coaches & Assistant Coaches.

Spectators will be seated on the opposite side of the field from the Team Benches.

GAME BALL: The Game Ball will be supplied by the Tournament

TOURNAMENT PINS: Each player will receive a Tournament Pin as a keepsake. Coaches, plan to stop by the tournament head quarters to pick up pins for your team.

FINAL MATCHES: If your team is lucky enough to play the final Match of your division Sunday, please bring your team to the tournament head quarters. The championship match where both teams will receive medals.

LOPSIDED MATCHES: In the case of a lopsided match (5+ goal differential), teams may not add additional players to the field, however, a team can, but is not required to, play with less players, so long as there are at least 5 players on the field (U10) and 7 players (U11/U12)

RULES & REGULATIONS - LAWS OF THE GAME: All matches shall be played in conformance with the most current rules and regulations of WSYSA, USYS, and FIFA, unless modified and stated herein.

MODIFIED RULES FOR U10-U12:

- No Heading (If a player deliberately heads the balls the opposing team will be given an indirect free-kick at the spot of the infraction.)
- No punting or drop kicking by the goalkeeper.
- Build out line –
- A. Goal-kick, The opposition can enter the build out area as soon as the ball is played.
- B. GK in possession with their hands. The opposition can enter the build out area as soon as the goalkeeper puts the ball into play.
- Example: If the goalkeeper makes a save and is in possession with their hands, the opposition drops behind the build out line. When goalkeeper places the ball on the ground, throws, or rolls the ball, the ball is in play.
- Offside is enforced at the halfway line.

UNIFORMS AND EQUIPMENT: The designated home team (Listed First on the schedule) will wear White shirt, and the Away team (Listed second) will wear black. No jewelry shall be worn during matches. All player equipment shall conform to the requirements of Law 4 of the Laws of the Game. It is the duty of the referee to enforce the Laws of the Game and the WSYSA Rules of Competition concerning player equipment. Protective orthopedic devices, prosthetic devices and any equipment, gear, appliance or apparatus that is protective for a known medical condition may be worn during a game if the referee determines it is safe to do so.

TEAM WARM-UP: Teams may warm up on the field prior to kickoff, however, in the case the prior match goes to penalty kicks, this time may be very limited, so be prepared to flex. Game kickoff times will remain on schedule.

PENALTY KICKS: All penalty kicks will be taken in accordance with Law 14 of the Laws of the game. The modified penalty mark for 7v7 and 9v9 games will be located 10 yards from the goal.

TOURNAMENT MAP:



SUBSTITUTIONS: may be made, with the consent of the referee, during any stoppage in play.

EJECTION: Any coach or player receiving two yellow cards or one red card in one match will be sent off and suspended from play in the following match. The referee shall file a misconduct report with the Tournament Committee, who shall review the report, and may at their option, increase or decrease the suspension in accordance with WSYSA guidelines. The referee shall have total control of their fields during their assigned matches. Coaches are responsible for the conduct of their players, parents, guests and staff. Abusive behavior towards the referee, opponents, tournament staff, etc. will not be tolerated. Any such actions are grounds for immediate individual or team removal from the tournament and/or facilities.

FAILURE TO SHOW – FORFEITS: A minimum of seven (7) players constitutes a legal team for a 9v9 game. A minimum of five (5) players constitutes a legal team for a 7v7 game. Any team not having enough players for a legal team at the start time for the match shall be granted a single 5-minute grace period. If a team is still unable to field the minimum number of players at the expiration of the grace period, they will be deemed to have forfeited the game. If a forfeit is determined, the winning team will be awarded a score of 3-0 and will automatically move to the next round.

Please check your Schedules carefully throughout the weekend and stay tuned for any changes.

GUEST PLAYERS: Guest players are not allowed. Only players rostered to your team are permitted.

TIE BREAKERS: In the event a match remains tied at the conclusion of regulation time, penalty kicks will immediately be taken to determine the winner. (No overtime periods)

IF penalty kicks must be used to determine a winner, the format will be as follows:

1. Each team will select five (5) players to kick – only players on the field at the end of regulation play may be selected.
2. Teams will alternate kicks – first team to kick will be determined by the referee's coin flip.
3. If the score remains tied after five (5) kicks, teams will alternate kicks one at a time until a winner is determined.
4. All eligible players must kick before any eligible player can repeat.
5. Goalies may be changed after any shot (from the initial players selected to participate in the kicks). Note: One Coach from Each team is allowed on the field of play during penalty kicks. The coach must stay at the halfway line.

GAME REPORT: The referee will provide the tournament staff with a completed match Game Report, including names of both teams, score, and any Misconduct Reports, at the completion of the match.

INCLEMENT WEATHER/CANCELLATION: The Tournament Committee has the right to shorten and/or cancel matches due to climatic conditions or other acts of nature, which are beyond the control of the tournament, most notably in the case of lightning or adverse field conditions. By default, if a game is shortened or canceled after match play has started the score will be considered final if the second half of play has started. Match delays due to unforeseen circumstances or occurring prior to the start of the second half will be addressed by the tournament committee and their decision will be final.

NOT PERMITTED AT EASTLAKE HS: Dogs, cats, pets, alcohol, & other illegal substances are not permitted at any time. No food allowed on turf.

FINAL AUTHORITY: The tournament committee has final authority over all matters not mentioned in the rules above. The tournament committee also has the final and only say on rule clarification.



THANK YOU FOR PARTICIPATING...
WE HOPE YOUR TEAM HAS A BLAST!